



EXTERNAL JOB OPPORTUNITY
Youth Mental Health Counsellor – Hybrid
SALARY: \$60k
Contract Position (ASAP-March 2027)

ABOUT YELLOW BRICK HOUSE:

Yellow Brick House is a leading provider of life-saving services to women, families and children who have experienced violence and abuse. We offer emergency shelter, individual, group and child counselling, legal support services, and transitional housing support.

PROFILE:

Reporting to the Supervisor of Direct Services, the Youth Mental Health Counsellor will provide specialized, trauma-informed clinical services to children and youth who have been exposed to domestic violence and abuse. The Counsellor will deliver one-on-one and group therapy using evidence-based practices, including but not limited to Play Therapy and Cognitive Behavioral Therapy (CBT). Services will focus on trauma recovery, resilience building, emotional regulation, and early intervention to prevent long-term psychological impacts. This role also supports staff training in trauma-informed, mental health, and harm reduction principles

RESPONSIBILITIES:

The major responsibilities of this position include, but are not limited to:

Clinical Counselling & Early Intervention:

- Conduct comprehensive intake assessments, trauma screenings, and individualized therapeutic plans for children and youth (ages 4-21). Conducts discharge interviews with clients and administers satisfaction surveys as required.
- Deliver structured, trauma-focused therapeutic interventions (8–10 sessions per child/youth over 4–6 months).
- Facilitate small group therapy programs focused on trauma recovery and emotional regulation.
- Utilize Play Therapy, CBT, and other age-appropriate clinical modalities.
- Address mental health symptoms such as anxiety, depression, PTSD, behavioral challenges linked to trauma exposure.
- Deliver remotely and/or in-person, goal-focused counselling based upon comprehensive, strength-based assessments.
- Guides students and volunteers as required.

Case Management & Advocacy:

- Provide coordinated care planning with internal shelter teams (CRAW, Transitional Housing, MIM).
- Refer clients to additional community-based mental health or specialized community services as required.
- Support the development of safety and resilience plans for each child/youth.

Program Development & Staff Training:

- Assist in the design and evaluation of the Youth Mental Health Program.
- Provide trauma-informed training and consultation to Yellow Brick House staff regarding child/youth mental health, addictions, and harm reduction.

Data Collection & Reporting:

- Administer pre- and post-intervention surveys to measure client outcomes.
- Maintain up-to-date, confidential client files, relevant and non-judgmental case notes, and program documentation on each client as per Yellow Brick House procedures.
- Compile caseload statistics and identify opportunities to improve client outcomes and program effectiveness.
- Support quarterly and annual reporting to funders (e.g., MCCSS) and internal evaluation processes.

Engagement:

- Communicate fully and openly with supervision; keeping supervisor fully informed of relevant client and staff member information, at all times.
- Participate actively in regular team meetings and external community collaborations.
- Maintain a positive approach and a professional manner at all times
- Foster strong relationships with educational, mental health, and child welfare agencies.
- Keeps up-to date on issues relating to gender-based violence and evidence-based practices for intervention as it pertains to woman and children.
- Maintain community awareness of Yellow Brick House programs throughout York Region and represent the organization at relevant community initiatives.
- Other duties as assigned

HEALTH AND SAFETY RESPONSIBILITIES:

- Follow the duties and responsibilities specified under the Occupational Health & Safety Act Sections 28 .
- Ensure all safety and non-safety rules and regulations are followed.
- Ensure adherence to established safety, quality and housekeeping standards.
- Attends Environmental Health and Safety training.
- Adhere to Yellow Brick House health and safety, environmental, and quality standards, policies and procedures.
- Report any known hazard, defect, incident or compliance issue to the employer or supervisor.
- Understand BILL 132 and 168 and uphold the policies that prohibit domestic violence, workplace violence, sexual harassment and harassment in the Workplace.

PERFORMANCE MEASURES:

- Client Satisfaction
- Service Quality
- Accurate Documentation
- Meet program targets as defined.

QUALIFICATIONS & SKILLS:

- **Education:** Completion of a clinically supervised undergraduate or graduate degree in Child and Youth Care, Social Work, Psychology, or a related field
- **Experience:** 2-3 years working with diverse clientele.
 - 2-3 years of clinical counselling experience

- preferably working with children and youth exposed to domestic violence, trauma, and abuse.
 - 2-3 years related experience coordinating and co-facilitating support groups and developing group materials for women.
- **Clinical Skills:** Certification or formal training in Play Therapy, CBT, and trauma-focused modalities highly preferred.
- Capable of using therapeutic modalities to work with trauma-informed practices, child/youth development, mental health, addictions, and harm reduction frameworks.
- Demonstrated ability to work with diverse populations including immigrant, refugee, racialized, and 2SLGBTQIA+ youth.
- Proficient with client management systems, Microsoft Office, and outcome measurement tools.
- Familiarity with relevant legislation (Child, Youth and Family Services Act, Mental Health Act).
- Ability to work flexible hours, including some evenings if required.
- Valid driver's license, access to reliable transportation, and a Vulnerable Sector Check.
- Working knowledge of application of Anti-Oppressive and Feminist frameworks
- Current First Aid/CPR and Non-Violent Crisis Intervention training preferred.

CORE COMPETENCIES:

- Proficiency
- Analytical Skills
- Interpersonal
- Communication
- Time Management
- Decision Making
- Building Commitment
- Facilitation
- Case and Crisis Management

WORKING CONDITIONS:

- Works in a comfortable environment either inside or outside in typically pleasant conditions. Typical conditions are such that some risk of any injury or harmful effect is possible.
- Some travel required to respective shelters as required.
- Must be able to sit/stand for extended period of time.

Yellow Brick House would like to thank all applicants for their interests; however, only those selected for an interview will be contacted.

Yellow Brick House is an equal opportunity employer, and we will accommodate your needs under the Ontario Human Rights Code. Upon individual request, hiring processes will be modified to remove barriers to accommodate those with disabilities. Should any applicant require accommodation through the application, interview, or selection processes, please contact the Human Resources Department for assistance.

Please submit your resume to jobs@yellowbrickhouse.org