



PUBLIC EDUCATION WORKSHOPS

Healthy Homes For Newcomers and Immigrants

Workshops can take place either virtually or in-person!

Understanding Healthy Relationships

This 60-minute workshop is intended for a single audience of adults (*modifications available for younger audiences*). Participants will engage in interactive discussions around the following topics:

- What is abuse?
- How to identify abuse/ What are the warning signs?
- How to get help and support / What to do if you suspect you or someone you know is being abused
- What are the benefits of cultural diversity for social, economic and civic life?
- The importance of safety in our community
- Providing relevant community resources

Healthy Homes Series

Our workshop series provides an audience group of the same participants a more in-depth focus on each topic from our Understanding Healthy Relationships workshop over 3 scheduled dates.

Session 1: Healthy vs. Unhealthy Relationships – What is abuse? Understanding power and control and barriers to leaving unhealthy relationships.

Session 2: How to identify abuse, get help or what to do if you suspect you or someone you know is being abused. Relevant community resources will be shared.

Session 3: Cultural diversity and safety in our communities.

Inviting Us to Speak

What you will need:

- The ability to promote the workshop opportunity.
- Facilitate registration of interested participants for a pre-set date and time confirmed between you and Yellow Brick House.
**Please communicate the safety disclosure below if you will be offering this to the public, for those to e-attend from home.*

For virtual workshops:

- **Internet access** to any of the following online communication tools: Zoom, Cisco WebEx, Microsoft Teams, Google Meet, GoToMeeting, or Skype.
**If you do not see your preferred application listed, please inquire further.*
- **Audio and an internal or external microphone**
**Our presenters need to be heard with the ability to engage with our audience.*
- **Camera** (Built-in or Webcam)
**While we would enjoy being able to see our audience, the presentation can be completed without a two-way view.*
- **Screen Projection**
**Ability to project video stream to be visible to audience.*

***Safety Disclosure:** Participants who may choose to register and join a workshop hosted by Yellow Brick House must ensure that they are able to participate safely. If you are experiencing abuse or violence in your home, or are questioning if your relationship is unhealthy, we encourage you to only participate if it is safe to do so; meaning that your abuser will not be able to overhear the delivery of this workshop or have knowledge of your participation.