### Schools for Change Yellow Brick House Public Education Workshops For Young Men

Recommended Audience: Grade 9, 10, 11 & 12- approx. ages 14 to 18 (modifications available for older students)

Yellow Brick House is pleased to offer workshops designed specifically for young men covering topics about creating and understanding healthy relationships. Dating and gendered violence continue to be significant issues that affect every member of our community. These workshops shift the discussions to reflect how men can join in the fight to end gendered violence.

Our interactive presentations begin with a brief overview of Yellow Brick House; who we are and what we do, and offer many opportunities for discussion.

# Exploring Relationships: When Caring becomes Controlling

- Overview of healthy and unhealthy relationships with a discussion on patterns of dating violence
- Defining different types of abuse
- Discussion on the cycle of abuse, privilege and the social institutions that re-inforce gender based violence
- Discussion on gendered relationship expectations
- Ways to seek help and offer supports to leave violent or abusive situations

### **Cyber World and Your Relationships:** Hyper-Masculinity in the Media

- Discussion on the gender norms displayed in music, movies, the gaming world, social media or any other outlets
- Discussion on masculinity, body image, fighting culture, heteronormativity and sex as portrayed in the media
- Reflection on media and our sense of self, our relationships and the way we view others.
- Real life stories and media discussed will change to fit the current news and media popularity.

### Please note:

Price for each presentation, excluding the Survivor Series Workshops, is \$100 Recommended audiences are a suggestion, not fixed. Excluding the Survivor Series Workshops, presentations run about 75 minutes.

## yellow**brick**house

Empowering Abused Women & Children

Administration 52 West Beaver Creek Rd., Unit 4 Richmond Hill, ON L4B 1L9 Crisis Line: 1.800.263.3247 T: 905.709.0900 F: 905.709.1308 publiceducation@yellowbrickhouse.org Schools for Change Yellow Brick House Public Education Workshops For Young Men

### Healthy Relationships & Consent Culture

- Students will learn about respect, trust and communication – the pillars of all healthy relationships
- Rights and responsibilities of being in a relationship
- Enthusiastic sexual consent (how to recognize when consent has been given and being able to accept when it has not)
- Students will learn effective ways to assert their boundaries, acknowledge their own behaviour and understand how these pieces impact their decisions.

Note: Recommended for grades 11-12 (approx. ages 16-18)

### Survivor Series Workshops

These presentations provide a unique opportunity for students to hear from a survivor of domestic violence. The survivor shares his or her story of having lived the experiences, providing an impactful, unique, and unforgettable experience for students.

Note: Recommended for grades 11-12. This presentation runs for 60 minutes and costs \$200. Subject to availability

### <u>"Man Up" Step-Up: Being an Active</u> Bystander Against Gendered Violence

- Empowering young men to take action against gender based violence within their environment
- A brief overview of the types of abuse, power & control and privilege are discussed.
- Discussion around the social relationships that men have where they often witness patterns of sexism and inappropriate behaviour towards women.
- Equips the participants with the tools they need to combat sexism, victim blaming, and reduce stigma around both female and male reporting.

Note: Recommended for grades 11-12 (ages approx. 16-18)

#### Please note:

Price for each presentation, excluding the Survivor Series Workshops, is \$100 Recommended audiences are a suggestion, not fixed. Excluding the Survivor Series Workshops, presentations run about 75 minutes.



Empowering Abused Women & Children

Administration 52 West Beaver Creek Rd., Unit 4 Richmond Hill, ON L4B 1L9 Crisis Line: 1.800.263.3247 T: 905.709.0900 F: 905.709.1308 publiceducation@yellowbrickhouse.org