

# Schools for Change

## Yellow Brick House Public Education Workshops

### For Young Men

**Recommended Audience: Grade 9, 10, 11 & 12– approx. ages 14 to 18 (modifications available for older students)**

Yellow Brick House is pleased to offer new workshops designed specifically for boys and young men covering topics about creating and understanding healthy relationships. Dating and gendered violence continue to be significant issues that affect every member of our community. Our workshops for all male audiences shift the discussions to reflect how men can join in the fight to end gendered violence. Our interactive presentations begin with a brief overview of Yellow Brick House; who we are and what we do, and offer many opportunities for discussion.

#### **Exploring Relationships: When Caring becomes Controlling**

A preliminary overview of healthy and unhealthy relationships. We discuss the definition and types of violence, risk factors and examine real life examples of unhealthy relationships. We will discuss common patterns and characteristics of “controlling” relationships. Through interactive activities, students are able to recognize the cycle of abuse, “privilege” and the social institutions that re-inforce gender based violence. We discuss ways to seek help and offer supports to leave violent or abusive situations. Students will also learn effective ways to assert their boundaries, acknowledge their own behavior and understand how these pieces impact their decisions.

#### **Cyber World and Your Relationships: Hyper-Masculinity in the Media**

Media is everywhere and it plays a large role in creating gender norms. Whether we are discussing TV, movies, the gaming world, social media or any other outlets, these all affect our sense of self, our relationships and the way we view others. We aim to engage youth in exploring different perspectives and challenge them to be critical in their response and interpretation of everyday media with a focus on hyper-masculinity. Real life stories and media discussed will change to fit the current news and media popularity. Students will gain a better understanding of what cyber abuse is and how we can help stop it.

**Please note:**

**Price for each presentation, excluding the Survivor Series Workshops, is \$100**

**Recommended audiences are a suggestion, not fixed.**

**Excluding the Survivor Series Workshops, presentations run about 75 minutes.**

yellowbrickhouse

**Rebuilding Lives**

Empowering Abused Women & Children

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## Healthy Relationships & Consent Culture

Respect, trust and communication – Why are these three components important in a healthy relationship? How can we recognize when the three components are lacking in our relationships and how to effectively respond to this? The cycle of abuse and the negative impacts of abuse are examined. Students will learn about the importance of Enthusiastic Sexual Consent and privilege.

Note: Recommended for grades 11-12 (approx. ages 16-18)

## Survivor Series Workshops

Yellow Brick House offers Survivor Series Workshops. These presentations provide a unique opportunity for students to hear from a survivor of domestic violence. The survivor shares his or her story of having lived the experiences, providing an impactful, unique, and unforgettable experience for students.

Note: Recommended for grades 11-12. This presentation runs for 60 minutes and costs \$200. Subject to availability

## “Man-Up” Step-Up: Being an Active Bystander Against Gendered Violence

There are so many boys and young men who want to do something to end violence against women, but don't know where to begin. We offer a workshop geared at empowering men to be leaders amongst their peers to stand up against gender-based violence (GBV). A brief overview of types of abuse, power & control and privilege are discussed. This workshop seeks to engage a discussion around the social relationships that men have where they often witness patterns of sexism and inappropriate behaviour towards women. The goal of this workshop is to equip the participants with the tools they need to combat sexism, victim blaming, and reduce stigma around both female and male reporting.

Note: Recommended for grades 11-12 (ages approx. 16-18)

### **Please note:**

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