

Schools for Change

Yellow Brick House Public Education Workshops

For Elementary School Students

Recommended audience: Grades 6, 7 & 8 (modifications available for younger grades)

Yellow Brick House offers a variety of workshops covering a multitude of topics related to building healthy relationships. Our interactive presentations all begin with a brief overview of Yellow Brick House, who we are and what we do, and offer many opportunities for discussion.

Exploring Relationships

An overview of what is healthy and what is not in all relationships (friends, peers, parents, teachers, dating). We discuss power and control, explore the unhealthy ways people can treat others, and examine real life examples of unhealthy friendship situations. Students learn to understand how bullying and abuse can play out in their daily lives, how to recognize unhealthy situations, how to be an up-stander rather than a bystander, and how to effectively communicate and manage their emotions.

The Gift of Self-Esteem

Through a discussion about stereotypes, and more specifically gender stereotypes, we will discover how gender roles portrayed in the media affect our self-esteem as well as our relationships with others. We discuss the effects of low self-esteem and we examine ways to increase/practice positive self-esteem. Finally, we discuss the importance of boundaries and establishing deal breakers within our relationships with others – pieces that become easier to do and commit to when one has a strong(er) sense of self and confidence.

Note: All boys and young men workshops coming January 2019!

Please note:

Price for each presentation is \$100.

Presentations run approximately 60-70 minutes.

We offer a unique Survivor Series Workshop for older students only; contact us for further information



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